

# & NON-GLUTEN CONTAINING INGREDIENTS MENU

The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so cannot guarantee 100% free from. Please make a team member aware when ordering from the NGCI menu.



## & BRUNCH

### S&L EGGS BENNY **V**

Two poached eggs on a toasted seed roll with Rubies in the Rubble™ tomato relish, hollandaise sauce and rocket. *680 kcal*  
Add *The Jolly Hog™ streaky bacon (+56 kcal)*  
or a *Proper Porker sausage (+184 kcal)* **£1 EACH**

### S&L HOUSE BREAKFAST

Fried egg, two Jolly Hog™ Proper Porker sausages & streaky bacon, slow-roasted tomatoes, mushrooms, hash browns and your choice of lightly spiced beans (+12 kcal) or classic baked beans. *1093 kcal*

### AVOCADO & BABY SPINACH **V**

On a toasted seed roll, with basil oil. *653 kcal*  
Add a *poached egg **V** (+101 kcal)* or  
*The Jolly Hog™ streaky bacon (+56 kcal)* **£1 EACH**

### S&L MEXICAN BRUNCH **V**

Lightly spiced bean chilli in tomato sauce, wilted spinach, fried egg, hot honey Buffalo sauce and spring onion with tortilla chips for dipping. *432 kcal*

### S&L PLANT-BASED BREAKFAST **VG**

Avocado, slow-roasted tomatoes, mushrooms, hash browns and your choice of lightly spiced beans (+12 kcal) or classic baked beans. *974 kcal*

### LEVEL UP YOUR BRUNCH! £1 EACH

The Jolly Hog™ streaky bacon *56 kcal* / The Jolly Hog™ Proper Porker sausage *184 kcal* / baked beans **VG** *78 kcal* / fried egg **V** *104 kcal* / poached egg **V** *101 kcal* / scrambled egg **V** *372 kcal* / hash browns **VG** *267 kcal*

## & SANDWICHES

ALL SERVED WITH SKIN-ON FRIES OR SIDE SALAD *(-167 kcal)*.  
SWAP TO SWEET POTATO FRIES **+£1.50** *(-15 kcal)*  
ADD A SLICE OF MONTEREY JACK CHEESE **V** *(+83 kcal)*  
OR SHEESE® **VG** *(+62 kcal)* TO ANY SANDWICH 50p

### STEAK SANDWICH

Sirloin steak slices, sweet & sour pickled onion, balsamic glaze, Rubies in the Rubble™ tomato relish and rocket in a seeded roll. *1008 kcal*

### PLANT POWER SANDWICH **V**

Avocado, red pepper & sesame houmous, slow-roasted tomatoes, sweet & sour pickled onion, cucumber ribbons, miso mayo and rocket in a seeded roll. *1133 kcal*



## & PICKY BITS

### CRISPY TOFU **VG**

The Tofo Co. smoked tofu with mango, chilli and pineapple dressing, served with cucumber ribbons, coriander and chilli. *487 kcal*

### RED PEPPER & SESAME HOUMOUS **VG**

With slow-roasted tomato relish, red pepper, mixed olives and tortilla chips. *434 kcal*

### PADRON PEPPERS **VG**

Seasoned with garlic & basil oil. *205 kcal*

### GLAZED CHICKEN SKEWERS

With a soya glaze, slow-roasted tomatoes, mixed olives, rocket and balsamic. *285 kcal*

### SALT & CHILLI GRILLED VEG **VG**

Tenderstem® broccoli, baby corn and red pepper with Rubies in the Rubble™ house relish and miso mayo dips. *524 kcal*

### PIGS IN BLANKETS

With hot honey Buffalo sauce and rice cracker crumbs. *591 kcal*

### CHEESY NACHOS **V**

With fresh avocado, lightly spiced bean chilli, red pepper & sesame houmous and Prosecco cheese sauce\*. *1056 kcal*  
*Make it **VG** - swap to Prosecco Sheese® sauce\* (-9 kcal)*

## & A BIT ON THE SIDE

### TRIO OF FRIES WITH 5 DIPS **V**

Skin-on fries, salt & pepper seasoned fries and sweet potato fries with Prosecco cheese sauce\*, Rubies in the Rubble™ tomato relish, miso mayo, BBQ sauce and hot honey Buffalo dips. *1662 kcal*  
*Share with 2-3 besties!*

### SKIN ON FRIES **VG**

*357 kcal*

### SWEET POTATO FRIES **VG**

*342 kcal*

### SIDE SALAD **VG**

Quinoa, cucumber ribbons, rocket, Tenderstem® broccoli, spinach and spring onion with a basil dressing *190 kcal*

### S&L DIPS **VG**

Red pepper & sesame houmous, Rubies in the Rubble™ tomato relish and miso mayo. *589 kcal*

## & BURGERS

SERVED IN A SEEDED BUN BUN WITH MISO MAYO, LETTUCE AND CHOPPED PICKLE & ONION, WITH SKIN-ON FRIES OR SALAD *(-167 kcal)*  
SWAP TO SWEET POTATO FRIES **+£1.50** *(-15 kcal)*

### BACON CHEESEBURGER

Two 4oz beef patties, The Jolly Hog™ streaky bacon, Monterey Jack cheese and cheese sauce. *1463 kcal*

### MUSHROOM & HALLOUMI BURGER **V**

Grilled flat mushrooms, halloumi, chilli jam and rocket. *1124 kcal*

### MUSHROOM & SHEESE® BURGER **V**

Grilled flat mushrooms, Sheese®, chilli jam and rocket. *1123 kcal*



## SALADS & LARGE PLATES

### STEAK & FRIES

10oz sirloin steak with skin-on fries, slow-roasted tomatoes, flat mushroom and rocket. *1074 kcal*

### GRILLED CHICKEN & QUINOA SALAD

With cucumber ribbons, Tenderstem® broccoli, spinach, spring onion and avocado, served with 3 grilled chicken skewers and a basil dressing. *696 kcal*

## & SOMETHING SWEET

### SALTED CARAMEL CHEEZECAKE BITES **VG-M**

With Belgian chocolate sauce. *351 kcal*

### LITTLE MOONS™ MOCHI ICE CREAM **V**

Passionfruit & Mango mochi [mow-chee] with a cherry compote. Contains cashew nuts. *259 kcal*  
*Want a **VG-M** option (238 kcal)? Just ask the team!*

